

# HOCKEY CALGARY COACH RESOURCE CENTRE BOOK LISTING

Title	Author	Category	Shelf Location	Notes
<b>TRAINING AND CONDITIONING BOOKS</b>				
52- Week Hockey Training	Don MacAdams & Gail Reynolds	Training/ Conditioning	TRA 1	2 Copies
Periodization Training for Sports	Tudor O. Bompa	Training/ Conditioning	TRA 2	
Fitness for High Performance Hockey	Howie Wenger	Training/ Conditioning	TRA 3	
Building the Elite Athlete	Scientific American Magazine	Training/ Conditioning	TRA 4	
Athletic Development	Vern Gambetta	Training/ Conditioning	TRA 5	
The Ultimate Guide to Weight Training for Hockey	Robert G. Price	Training/ Conditioning	TRA 6	
Complete Conditioning for Hockey	Peter Twist	Training/ Conditioning	TRA 7	2 Copies
Lloyd Percival's Total Conditioning for Hockey	Joe Taylor	Training/ Conditioning	TRA 8	
Hockey Training for Kids	Zdenek Pavlis	Training/ Conditioning	TRA 9	
Strength Training- National Strength & Conditioning Association	Lee E. Brown	Training/ Conditioning	TRA 10	
Nutrition for Serious Athletes	Dan Benardot	Training/ Conditioning	TRA 11	
<b>COACHING BOOKS</b>				
The Little Book of Coaching	Ken Blanchard & Don Shula	Coaching	COA 1	
How to Teach and Coach, A to Z in Hockey	Dwayne Lowdermilk	Coaching	COA 2	
Hockey Goaltending	Brian Daccord	Coaching	COA 3	
Coaching Kids' Hockey	T.J. Grady	Coaching	COA 4	
The Baffled Parent's Guide to Coaching Youth Hockey	Bruce Driver	Coaching	COA 5	2 Copies
Coaching Hockey for Dummies	Don MacAdams & Gail Reynolds			
Hockey The NHL Way: The Basics	Sean Rossiter	Coaching	COA 6	
Hockey The NHL Way: The Basics (Revised and Updated)	Sean Rossiter & Paul Carson	Coaching	COA 7	2 Copies
Hockey The NHL Way: Power Plays and Penalty Killing	Sean Rossiter & Paul Carson	Coaching	COA 8	

Coaching: The Art and the Science	Dave Chambers	Coaching	COA 9	
Coaching Hockey Successfully	Dennis Gendron	Coaching	COA 10	
The Hockey Coach's Manual	Michael A. Smith	Coaching	COA 11	2 Copies
Introduction fo Body Checking	Saskatchewan Hockey Association	Coaching	COA 12	
Specialty Clinic Manual	Hockey Alberta	Coaching	COA 13	
Coaching Theory 1	3M National Coaching Certification Program	Coaching	COA 14	
Coaching Theory 2	3M National Coaching Certification Program	Coaching	COA 15	
Coaching Theory 3	3M National Coaching Certification Program	Coaching	COA 16	
Proceedings, Advanced II The National Coaching Certification	Hockey Canada	Coaching	COA 17	
Tarasov's Hockey Technique	Anatolij Tarasov	Coaching	COA 18	

### DRILL BOOKS

Hockey Play Book	Michael A. Smith	Drills	DRI 1	
Coach's Drill Manual	Ernie Gare & Danny Gare	Drills	DRI 2	2 Copies
The Hockey Play Book	Michael A. Smith	Drills	DRI 3	2 Copies
The Incredible Hockey Drill Book	Dave Chambers	Drills	DRI 4	2 Copies
Complete Hockey Instruction	Dave Chambers	Drills	DRI 5	
The Hockey Drill Book	Dave Chambers	Drills	DRI 6	
Power Skating	Laura Stamm	Drills	DRI 7	
The Sport Psych Handbook	Shane Murphy	Drills	DRI 8	
Hockey Tough	Saul L. Miller	Drills	DRI 9	2 Copies
Hockey Drills for Scoring	Newell Brown/ Vern Stenlund	Drills	DRI 10	
Team Drills for Hockey	Dr. Randy Gregg	Drills	DRI 11	2 Copies
Advanced Drills and Goalie Drills for Hockey	Dr. Randy Gregg	Drills	DRI 12	2 Copies
Skating Drills for Hockey	Dr. Randy Gregg	Drills	DRI 13	2 Copies
Puck Control Drills for Hockey	Dr. Randy Gregg	Drills	DRI 14	2 Copies
Hockey Drill Book	Michael A. Smith	Drills	DRI 15	

### MISCELLANEOUS BOOKS

























